

MUSIC: I CAN'T HELP IT BANANARAMA COUPLES INTERMEDIATE  
 CHOREO: SALLY THOMPSON & DAVID IMLER J-VILLE CLOGGERS  
 1560 GROVE PARK BLVD. JACKSONVILLE, FLA. 32216 - 904-642-4222

SEQUENCE: ABC ABC\* BRIDGE BCC\* END  
 WAIT: 8 BEATS LEFT FOOT

| PART  | TIMES | STEPS  | DIRECTIONS   |
|-------|-------|--|--|
| INTRO |       | Men will be behind and to the left of the partner  |  |
|       | 8     | TOE HEELS [CLAP ON THE LAST BEAT]  | Moving forward                                       |
|       | 8     | TOE HEELS [2CLAPS ON THE LAST BEAT]  |  |
|       | 7     | TOE HEELS AND 1 STOMP W/ HANDS UP  |  |
|       |       | R  |  |
| A     |       | STOMP DS DSRS DS DS DSRS<br>L R L RL R L RLR   |  |
|       | 2     | DS <u>H[if]H T[ib]H BR[xif]H</u><br>L R L R L R L  | Alabama's  |
|       |       | DS <u>DS[xif] [ankle break] H[if] BALL</u> <u>H[if] BALL SL BR UP</u><br>L R L R L R L R L R |  |
|       |       | DS <u>T[xif]H DS TOE[xib] SLIDE</u><br>R L R L R L   |  |
|       |       | DS DS DSRS DS DS DS <u>BR SLIDE</u><br>L R L RL R L R L R                                    | Men move up to partner's left side. Join Hands.      |
| B     |       | DS DS DS <u>T[XIF]H DS T[xif]H DS T[xif]H</u><br>L R L R L R L R L R L                       | Ladies turn under men's arm to trade positions.      |
|       |       | [Repeat on opposite feet to face front]  |  |
|       | 4     | DSRS<br>L RL   | Face in, out, in, out with partner.                  |
|       | 4     | DS <u>BR[xif]H</u><br>L R L  | Fontana's  |
| C     | 2     | DSRS<br>L RL   | Promenade position- Ladies roll to face partner      |
|       | 1     | DS DS DSRS<br>R L R LR   | Ladies continue to the left side of partner.         |
|       |       | [REPEAT above in reverse, opposite footwork to original position]                            |  |
|       | 4     | SHUFFLES   | Promenade position-face rear holding partner's hand. |
|       | 1     | DS DS DSRS<br>L R L RL   | In place   |
|       | 1     | DS DS DSRS<br>R L R LR   | Drop hands & turn ¼ away ladies left, men right      |
|       | 4     | SHUFFLES   | To face front  |

C\* Do all of C and on the first triple move to the rear and on the second triple turn ¼ away as in Part C.

PART TIMES STEPS

DIRECTIONS

BRIDGE

STEP PULL STEP PULL STOMP DS DSRS  
L R L R L R L RL

Join hands, ladies left in front, mens right behind. Move diagonally to left

DS DS DSRS DS DS DSRS  
R L R LR L R L RL

In place

[REPEAT moving diagonally to the right-opposite footwork]

DS DS DS KICK RS DS KICK RS DSRS DSRS  
L R L R RL R L LR L RL R LR

Ladies move forward  
Men stay in place

DS BR[xif] SLIDE DS BR[XIF] SLIDE  
L R L R L R

Fontana's

[REPEAT with the men moving to left side of partner, ladies in place]

ENDING

8 TOE HEELS [CLAP ON THE LAST BEAT]  
8 TOE HEELS [2 CLAPS ON THE LAST BEAT]  
7 TOE HEELS AND 1 STOMP W/ HANDS UP  
R

Moving forward

SMILE!!!!!!!!!!!!!!

