

Super Trouper

Intermediate

Record: Mama Mia Soundtrack by Abba

Intro: Wait 16 beats, Start (1/2 beat early): Left Foot

Part A: (Repeat 2x)

— Cowboy up and back (8 Beats)

DTS	DTS	DTS	BUSH-UP	DTS	RS	RS	RS
L	R	L	R	R	LR	LR	LR
				Clap		Clap	Clap-Clap

— Cotton Eye Joe (8 beats)

Over Out and a Basic Over Out and a Basic

L	L	DSL	RS	R	R	DSR	RS
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Part B:

Vine Left (8 beats) (Clap,clap)

DS	Dxif	DS	Dxib	DS	Dxif	DS	RS
L	R	L	R	L	R	L	RL

2x Triples (8 beats total)

DS	DS	DS	RS
R	L	R	LR
L	R	L	RL

Vine Right (8 beats) (Clap,clap)

DS	Dxif	DS	Dxib	DS	Dxif	DS	RS
R	L	R	L	R	L	R	LR

2x Triples (8 beats total)

DS	DS	DS	RS
L	R	L	RL
R	L	R	LR

Part C: (Repeat 4x)

— Travelling Shoe: (4 beats)

DS	HS	HS	HS	¼ turn to left
L	RL	RL	RL	

Triple (4 beats)

DS	DS	DS	RS
R	L	R	LR

Buttermilk

Part D: (Repeat 4x)

DS	xib	Pause ½ beat	DS	RS
L	R		L	RL
R	L	Pause ½ beat	R	LR (start ¼ turn here)
1 Charleston (finish ¼ Turn left)				
DS	T in front	H	T behind H	RS
L	R	L	R	R LR

Fancy Double (omit on last repeat and go right into Cowboy)

DS	DS	RS	RS
L	R	LR	LR

Part E:

DTS	DTS	DTS	BUSH-UP	DTS	RS	RS	RS
L	R	L	R	R	LR	LR	LR
				Clap		Clap	Clap-Clap

SEQUENCE: A,B,C,D, A,B,C,D ,E
